St. Vincent’s Celebrates ‘Topping Out’ of new Clay County Hospital

By Ilyssa Trussel Marketing & Communications

Hundreds of board members, medical staff, associates, community leaders and donors gathered under a tent on Friday, Sept. 14, 2012 at the site of St. Vincent’s Medical Center Clay County to mark a major milestone in the construction of the hospital. A celebratory construction beam was put into place during a Topping Out ceremony. The placement of the concrete beam signified the completion of the first phase of construction. A tree was also placed on top of the structure, a tradition meant to symbolize no lives have been lost during construction.

Several speakers, including St. Vincent’s HealthCare President & CEO Moody Chisholm, took to the podium to thank the community for welcoming St. Vincent’s to Clay County.

“We want this to be the kind of place where you walk in and you are greeted by name and you get the care that you expect every time safely from a compassionate and warm group,” said St. Vincent’s HealthCare President & CEO Moody Chisholm.

More than 300 construction workers were hired for the project, which began construction in May. The 64-bed hospital will officially open its doors to patients in October 2013. Already, there have been 14,000 man hours worked to build the hospital.

With the opening of the medical center, the medical office building and nearby complementary businesses, the economic impact on the county is expected to be more

continued on page 2
Family Medicine Provides
Sport Physicals for Special Olympics

By Dr. Helena Karnani,
St. Vincent’s Family Medicine Residency Program

Around the country and here in Jacksonville, Special Olympics provides year-round sports training and athletic competition to children and adults with intellectual and physical disabilities. It’s a chance for participants to be involved in physical fitness while having fun with their families and other Special Olympic athletes.

For about 20 years, The St. Vincent’s Family Medicine Residency Program has supported the Special Olympics Games in Jacksonville by helping with sports physicals. Physicians volunteer their time to conduct physicals for the athletes at three separate sites – Pine Castle, Palm Avenue Exceptional Student Center and The Arc Jacksonville.

The Faculty and Resident Doctors of the Family Medicine Center conduct about 300 exams each year to clear the participants for various Special Olympic events including bowling, basketball, running and swimming. Events are held at various sites around the First Coast. St. Vincent’s is proud to take part in the program. Good luck to all of this year’s athletes!

To access important information and construction updates about St. Vincent’s Medical Center Clay County, visit www.MyClayHospital.com.

OCTOBER 2012

Be Informed
Mark Your Calendars for Benefits and Wellness Fair Dates

ATTENTION ALL ASSOCIATES! Open Enrollment begins Friday, Oct. 5 and ends Oct. 19. Look for important information to be mailed to your home the week of Oct. 1. Attend one of the Benefits and Wellness Fairs to get your flu shot, complete your health assessment and get answers to your benefit questions for 2013.

BENEFITS AND WELLNESS FAIR DATES
St. Vincent’s Southside – Auditorium A, B & C
Friday, October 5 7 a.m. - 4:30 p.m.
Saturday, October 6 7 a.m. - Noon
St. Vincent’s Riverside – Terry Conference Center
Sunday, October 7 7 a.m. - Noon
Monday, October 8 7 a.m. - 4:30 p.m.
Tuesday, October 9 7 a.m. - 4:30 p.m.

St. Vincent’s HealthCare Encourages a Tobacco-Free Environment

St. Vincent’s HealthCare wants to remind everyone that our health system encourages a smoke-free and tobacco-free environment for patients, visitors, associates and physicians. While smoking is prohibited in most areas of our facilities, there is an established smoke-free boundary. The parking garage near the Emergency Department at St. Vincent’s Riverside is a designated smoking area. St. Vincent’s made the decision to have a designated smoking area after associates began stepping off campus into neighboring properties to smoke, which resulted in disgruntled neighbors. In an effort to be good stewards of the neighborhood, the decision was made to have a designated smoking area on campus.

To help curb cigarette butt litter on its campus and surrounding properties, St. Vincent’s Medical Center Riverside became the first hospital in Florida to have a BaitTank, a receptacle that attracts cigarette butts and educates the public on the impacts on the environment. St. Vincent’s maintains the BaitTank purchased by Keep Jacksonville Beautiful. The tank was installed on King Street and St. Johns Avenue across from St. Vincent’s Medical Center Riverside.

As a healthcare organization, St. Vincent’s is dedicated to preserving a healthy environment by refraining from smoking and littering on and around our facilities.

In addition, St. Vincent’s HealthCare is committed to helping associates and members of the public stop smoking by offering free smoking cessation classes. St. Vincent’s HealthCare and the Northeast Florida Area Health Education Center (AHEC) offer a six-week tobacco cessation program to help patients and others in the community end their dependency on smoking. Quit Smoking Now is led by AHEC instructors and weekly classes are offered at St. Vincent’s Medical Center Riverside. For more information, call 308-7360. To register for classes, you can also call AHEC directly at 482-0189.
**Achoo! It’s that Time of Year: Flu Season is Here**

By Marti Phelps, RN  
CIC Infection Prevention

Flu season is here (October-May) and the CDC (Centers for Disease Control) recommends all eligible persons (six-months and older) get the flu vaccine as soon as it becomes available. This “universal” recommendation was instigated to expand protection against influenza to more people. It is especially important for certain people to get vaccinated because they are either at risk of developing serious complications themselves or because they live or care for persons who are at high risk of developing serious complications. This, of course, includes healthcare workers. As a demonstration of commitment to our patients, visitors and staff, Ascension Health has adopted this recommendation. Therefore, the flu vaccine will be available free of charge to our associates and Licensed Independent Practitioners. Look for Associate Health to post a distribution schedule and vaccination clinic dates’ times.

**Common Myth:** if I get the vaccine I will get the flu.  
**Fact:** Influenza vaccination is highly effective and adverse effects are rare. The vaccine does not cause the flu.*

*For questions please contact Infection Prevention at ext. 8471 or visit www.cdc.gov/flu

**Infection Prevention Recognizes Physician Hand Hygiene Hero for September**

By Tabitha Johnson  
Infection Prevention

This year, our physicians are going the extra mile to demonstrate the importance of the #1 way to prevent the spread of disease…good hand hygiene. In May, and every month since, a friendly contest has been in place to recognize the physician who has the most positive observations of hand hygiene. It all began when secret shoppers started looking around the hospital. Dr. Elizabeth Marquez, a resident with St. Vincent’s family medicine residency program, was recognized as the Physician Hand Hygiene Hero for September. She was presented with a custom made lapel pin acknowledging her commitment to quality patient care. Congratulations, Dr. Marquez!

The physician with the most overall positive observations will be announced as our #1 Hand Hygiene Hero by CEO Moody Chisholm.

Dr. Marquez, September’s Physician Hand Hygiene Hero, receives a custom made lapel pin from Tabitha Johnson, Infection Control Nurse.

**Auxiliary Volunteers Impact**

By Tracie Loftis  
System Director, Mission Operations

On a daily basis, our volunteers and Auxiliary bring their time, talent and treasure to St. Vincent’s HealthCare. Last year alone, volunteers donated over 47,000 hours to our patients, visitors and associates in departments throughout the health system. Serving in a variety of roles, their hours translate to a value of more than one million dollars to our system annually.

In addition to time, the Auxiliary and volunteers raise money to purchase much needed equipment we otherwise could not afford. This year alone, the Auxiliary on the Riverside campus purchased a new six-seat golf cart, which serves as a shuttle for our visitors and patients. They also purchased 20 wheelchairs and four new tables for the Terry Conference Center. On the Southside campus, the volunteers added 30 new wheelchairs to help with transportation throughout the hospital. Without the fundraising efforts by these devoted volunteers, the purchases would not have been possible.

St. Vincent’s HealthCare could not provide the same level of care and service excellence that we do today without the hundreds of volunteers who give of themselves each day. Please take a moment to thank these men and women who allow us to go Above and Beyond each day.
School of Medical Technology Awarded Reaccreditation

Michael Songer, School of Medical Technology Program Director

The School of Medical Technology, located in the laboratory at St. Vincent’s Medical Center Riverside, has been a part of St. Vincent’s for more than 60 years. Having a maximum enrollment of 10 students per year, the program is one year in length and includes a post-baccalaureate clinical internship consisting of both didactic lectures and clinical rotations through sections of the laboratory. Graduates are eligible to sit for the American Society of Clinical Pathology Board of Certification examination to certify as Medical Laboratory Scientists.

The School of Medical Technology is accredited by the National Accrediting Agency for Clinical Laboratory Science (NAACLS). Periodically, the program must complete reaccreditation, a year-long process consisting of preparing and submitting a self-study based upon NAACLS accreditation standards, followed by an on-site inspection. The results of this process are reviewed by the NAACLS accreditation committee. Once reviewed, a recommendation is made to the board of directors for reaccreditation.

St. Vincent’s was recently notified of the committee’s recommendation for reaccreditation of the program for a length of 7 years, the maximum possible accreditation period awarded by NAACLS. The reaccreditation indicates there were no citations uncovered by reviewers and inspectors during the reaccreditation process! I would like to thank our team of students, faculty and laboratory staff who contributed to this achievement.

St. Vincent’s HealthCare

In the News

By Ilyssa Trussel
Marketing & Communications

August 17
The Jacksonville Daily Record published an article about construction about to begin on the St. Vincent’s Riverside Community Hospice unit.

August 20
On the first day of school for students in Duval County, St. Vincent’s Primary Care Dr. Wesley Mills was a guest on Channel 4’s morning show to share important information about back-to-school physicals and immunizations.

August 27
As students head back to school, Dr. Hilary Rockwell talks to Channel 4 about a study that found high levels of chemicals in school supplies.

August 31
The Jacksonville Business Journal interviewed David Meyer and Virginia Hall about the outer beltway project and how it will benefit the patients and associates of St. Vincent's Medical Center Clay County.

September 1
Jacksonville Magazine dedicated a full page to Access and Artist Jane Seymour’s upcoming visit to Jacksonville to help support KTAC.

September 5
A St. Vincent’s Breast Cancer Survivor was interviewed about her experience with the Mobile Mammography Unit. The story was featured on Channel 4’s Noon Show.

September 7
Dr. Narvel and Teresa Butts from St. Catherine Labouré Manor were interviewed by First Coast News about what to look for when considering a nursing home for a loved one.

September 10
WJXT – St. Vincent’s Primary Care Physician Dr. Wesley Mills was interviewed by Channel 4 about the start of Fall allergy season.

September 11
Action News – A St. Vincent’s Breast Cancer Survivor and her son were guests on the Action News morning show to share their experience about Deliver the Dream and to encourage other families to apply.

September 13
Christine Veal, Dr. Mostovych and Dr. Garas were interviewed for a story about St. Vincent’s Riverside being the first in the region to offer patients Transcatheter Aortic Valve Replacement Therapy or TAVR. The story aired on First Coast Living.

September 14
First Coast News aired video of the St. Vincent’s Medical Center Clay County Topping Out ceremony during their evening newscast.

To watch or view these stories in their entirety, go to jacksonville.com, click on “About Us” and “Newsroom.” You can also view most of these stories on our St. Vincent’s HealthCare Facebook page.
Volunteer for Making Strides Against Breast Cancer

Making Strides Against Breast Cancer is the American Cancer Society’s premier event to raise awareness and funds to fight breast cancer.

St. Vincent’s HealthCare is recruiting team captains and volunteers to take part in the annual walks which will be held October 13, 2012.

Walks begin at 9 a.m. at Treaty Oak in Duval County and the bestbet at the Orange Park Kennel Club in Clay County. St. Vincent’s HealthCare is a proud sponsor of both the Duval and Clay walks.

For more information and to sign up for a walk near you, call Alanna Eubanks at 308-7879.
Symphony Changes Coming Soon

By Priscilla Gaudreau-Santos, Symphony Writer/Communications Project Manager

Symphony is a large-scale Ascension Health initiative to align Human Resources, Finance, Supply Chain and Payroll in a common electronic platform that is consistent across all Health Ministries. These areas will use the same systems and technology to improve the way they currently provide services to you and the rest of the health system.

Job Posting Changes

One of the changes we’ll see as we move toward Symphony deployment is the new online only listing of open positions. St. Vincent’s HealthCare will no longer be printing a job vacancy list for posting on bulletin boards within the health system. Associates are encouraged to visit www.jaxhealth.com/careers, the SVHC website for current listings.

Supply Chain Changes

New supply chain processes in Symphony will allow St. Vincent’s HealthCare to become more efficient with its purchasing and accounting processes, providing substantial savings with both supply spending and resources. One area of focus is moving current business with other vendors to SVHC’s primary distributor, Owens & Minor. Owens & Minor is a Fortune 500 company headquartered in Richmond, Virginia. It is the leading distributor of medical and surgical supplies to the acute-care market and a leading provider of healthcare supply-chain management solutions. SVHC has already moved the majority of its business to Owens & Minor and found significant savings in distribution costs. SVHC physician practices have also transitioned to Owens & Minor.

As we move forward with Symphony, we will continue to strategically move business to other nationally contracted vendors to realize more savings in our supply and purchase service spending so that you can do what you do best – provide excellent patient care.

Here are some of the Symphony Supply Chain changes coming soon:

1. Supply Chain areas of focus for Ministry Service Center (MSC)

   Fundamentally, Supply Chain has centralized its functions to leverage our purchasing volume for improved pricing opportunities and to develop strategic relationships with our major suppliers.

   The MSC will facilitate online contracts, auctions and vendor portal activities, supporting the resource and supply management group. These tasks will be performed online through a more streamlined process managed by the MSC to gain efficiencies in how we work.

2. Invoice Payments triggered by Purchase Orders

   Symphony requires invoice payments be triggered and matched against a purchase order. Vendors paid via check request or invoice before must now use purchase orders including non-supply or service vendors. There are only seven acceptable categories to pay with purchase order: donations, leases, taxes, sponsorships, chairmanships, express payments, and utilities.

   Training in new processes is being scheduled and will be announced soon.

   Over 200 associates attend associate forums

   Over 200 associates attended the PTO forums held in August at St. Vincent’s Riverside and St. Vincent’s Southside.

   Kaye Lunsford, System Director, Human Resources, presented the new PTO policies and answered questions. The new policies are available on the Intranet site in the Symphony section for all those interested in finding out more about the changes that begin in November. Questions and Answers are also posted on the “Ask Symphony” link of the Intranet. Additional associate forums will be scheduled to communicate changes.

Ask Symphony

Do you have questions about Symphony? Go to the new Ask Symphony link on the Intranet page and submit your question. Be sure to check the Symphony Intranet page often for the latest news. For more information, you can also call the Symphony News Line at (904) 450-6161.

SVHC Debuts OneCare—Electronic Medical Records

By Lisa Fewell, OneCare Senior Project Manager

The OneCare team debuted the new electronic medical record (EMR) system to dozens of associates at both the Riverside and Southside campuses on August 22nd & 23rd. The day-long presentations were themed as a movie opening which included a red carpet, rope line and popcorn. Attendance was outstanding with over 150 people coming to the event.

The debut event highlighted the new tools and workflows that will be in effect when OneCare goes live next year. Physician ordering and drug reconciliation were demonstrated along with the electronic medication administration record (MAR) and documentation for the nurses.

At the event, subject matter experts (SME’s) led attendees through the process of a mock patient being admitted to the hospital from the Emergency Department. Mock labs were drawn, radiology orders were placed and finally the patient was discharged. The process highlighted workflow changes resulting from the incorporation of evidence-based, best-practice recommendations.

If you have questions, check out the OneCare section of the Associate Connection. If you send an email using the “Contact OneCare” link with the definition of EMR, your name will be entered into a drawing for a prize. Winners will be announced in next month’s Innovations.
OneCare Timeline Tracks Implementation of 
Electronic Medical Record Program

OneCare is St. Vincent’s HealthCare’s electronic medical record (EMR) program. When fully implemented, it will create a paperless hospital. The OneCare Timeline referenced below provides a schedule of the steps being taken towards completion of the EMR transition.

<table>
<thead>
<tr>
<th>Week</th>
<th>Location</th>
<th>EMR Implementation Steps</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 14, 2012</td>
<td>Riverside</td>
<td>• Message Center</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• (Replaced OR Manager)</td>
</tr>
<tr>
<td>August 1, 2012</td>
<td>Riverside</td>
<td>• SurgiNet</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Register for OneCare Training</td>
</tr>
<tr>
<td>September 2012</td>
<td>Riverside</td>
<td>• OneCare Training Begins</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Electronic Documentation</td>
</tr>
<tr>
<td>November 2012</td>
<td>Riverside</td>
<td>• ED ONLY - Electronic Documentation plus Computerized Provider Order</td>
</tr>
<tr>
<td>January 12, 2013</td>
<td>Riverside</td>
<td>• Electronic Documentation plus Computerized Provider Order</td>
</tr>
<tr>
<td>April 6, 2013</td>
<td>Southside</td>
<td>• Computerized Provider Order Entry (CPOE)</td>
</tr>
<tr>
<td>June 2, 2013</td>
<td>Riverside</td>
<td>• House wide Computerized Provider Order Entry (CPOE)</td>
</tr>
<tr>
<td>October 1, 2013</td>
<td>Clay County</td>
<td>• Electronic Documentation</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Computerized Provider Order Entry (CPOE)</td>
</tr>
</tbody>
</table>

If you have any questions about OneCare, please email OneCare@jaxhealth.com. Look for more information by selecting “OneCare” under “Quick Links” on the left side of the Associate Connection homepage.

OneCare is St. Vincent’s HealthCare’s electronic medical record (EMR).

WHO: All Riverside Associates who provide patient care. Physician training to follow.

WHAT: Schedule OneCare training for future EMR use.

WHERE: Coordinate OneCare training with your manager.

WHEN: Training begins November 1, 2012. All instructor led training must be completed by December 31, 2012.

WHY: OneCare will be used across the St. Vincent’s HealthCare system as the main information source to improve patient care by creating an electronic medical record system.

First three units to complete instructor-led training will receive a PIZZA PARTY.

Test Drive Our Surgical Robot & Enjoy Safe Trick-or-Treating

Join us on Wed., October 31 (Halloween) for Mall-O-Ween Spooktacular 5p.m. - 7p.m. The Avenues Mall (Near Center Court).

Families and trick-or-treaters will have the opportunity to test drive our new surgical robot.

Halloween goodies will be provided. Anyone dressed as a robot will get a special prize.

If you missed any of these shows you can go back and listen on the named physician’s “Find a Doctor” profile on jaxhealth.com.

July 7
Dr. Yarlagadda spoke about Multiple Sclerosis (“Ask the Doctor”) and Dr. Heekin spoke about joint replacement (“Shannon Miller Lifestyle”).

July 14
Dr. Uchal joined Shannon to talk about bariatric surgery (“Shannon Miller Lifestyle”).

July 21
Dr. Shah spoke with Roxy Tyler about incontinence and other women’s health issues (“Ask the Doctor”).

July 28
Dr. Deshmukh spoke about shoulder surgery and the Center Of Excellence at St. Vincent’s Southside (“Ask the Doctor”) and Dr. Wall spoke with Shannon Miller about the different issues involved in depression (“Shannon Miller Lifestyle”).

August 4
Dr. West talked about the signs and symptoms of prostate cancer and promoted the St. Vincent’s Guy’s Night Out event (“Ask the Doctor”).

August 11
Cynthia Farah talked about Kids Together Against Cancer and the “Give Back” night hosted at Chilis (“Ask the Doctor”) and Dr. Levenson and Karen Brown from Vision is Priceless talk about eye health (“Shannon Miller Lifestyle”).

August 18
Dr. Mills from St. Vincent’s Primary Care speaks about back to school and sports physicals (“Ask the Doctor”) and Dr. Thirimale and Timi Hannah from Seton Center talked to Shannon about breast feeding and questions new mothers may have (“Shannon Miller Lifestyle”).

August 25
Roxy Tyler was joined by Dr. Donohue, Dr. Erez Sternberg and Dr. Hickman to speak about breast cancer and breast reconstruction (“Ask the Doctor”) and Dr. Fallucco spoke to Shannon about plastic surgery options (“Shannon Miller Lifestyle.”).
Did you know outpatient rehabilitative services at St. Vincent’s Healthcare are a TIER 1 PROVIDER for all of its services—physical, occupational and speech therapies at both the Riverside and Southside locations? It’s quite possible that you did not. While we are blessed to provide services to many of you who have been referred to us, we wanted everyone to know they can come to us for any rehabilitation needs at a substantial cost savings compared to Tier 2 or Tier 3 providers. We will soon be listed on the SmartHealth website.

We take appointments by physician referral only. Your physician can simply fax your prescription to (904) 308-4095 (Riverside) or (904) 296-4088 (Southside) or you can personally call or bring in your prescription to our Riverside office on the third floor of the main hospital, off the C elevators in the main lobby or the Southside Office in Roger Main, Suite 115. You can also call our front office at (904) 308-7741 (Riverside) or (904) 296-3711 (Southside). In addition to our formal therapy services, we also offer a wellness program at a cost of $25 per month to those who graduate from formal therapy. Visit www.jaxhealth.com and click on rehab services under the “services” section to learn more information. We look forward to serving you and helping with your rehabilitative needs.

By Brian DiBias,
PT Outpatient Rehabilitative Services

As the Presidential election season heats up, St. Vincent’s HealthCare wants to remind associates not to engage in political activity at work, including the posting of any campaign materials or literature for any partisan elections. The election is attracting a lot of public interest and people are passionate on different sides. While it may be difficult to avoid political conversations, our tax-exempt status can be put in jeopardy if we do not keep partisan political materials and peer pressure supporting a particular candidate out of the workplace. Furthermore, some associates may view heated discussions as “hostile,” and as an employer it is our responsibility to protect them from such concerns in the work environment. We are not asking associates to refrain from participating in the political process. Out of respect to all associates, political activity should be reserved for after work hours. We do encourage all of our associates to register to vote, and to take time to vote on voting day, or take advantage of absentee voting or early voting. We will be providing opportunities for this here at St. Vincent’s main facilities at Riverside and Southside.

Outpatient Rehabilitative Services Available

We take appointments by physician referral only. Your physician can simply fax your prescription to (904) 308-4093 (Riverside) or (904) 296-4088 (Southside) or you can personally call or bring in your prescription to our Riverside office on the third floor of the main hospital, off the C elevators in the main lobby or the Southside Office in Roger Main, Suite 115. You can also call our front office at (904) 308-7741 (Riverside) or (904) 296-3711 (Southside). In addition to our formal therapy services, we also offer a wellness program at a cost of $25 per month to those who graduate from formal therapy. Visit www.jaxhealth.com and click on rehab services under the “services” section to learn more information. We look forward to serving you and helping with your rehabilitative needs.

**REMINDER: PLEASE KEEP POLITICS OUT OF THE WORKPLACE**

As the Presidential election season heats up, St. Vincent’s HealthCare wants to remind associates not to engage in political activity at work, including the posting of any campaign materials or literature for any partisan elections. The election is attracting a lot of public interest and people are passionate on different sides. While it may be difficult to avoid political conversations, our tax-exempt status can be put in jeopardy if we do not keep partisan political materials and peer pressure supporting a particular candidate out of the workplace. Furthermore, some associates may view heated discussions as “hostile,” and as an employer it is our responsibility to protect them from such concerns in the work environment. We are not asking associates to refrain from participating in the political process. Out of respect to all associates, political activity should be reserved for after work hours. We do encourage all of our associates to register to vote, and to take time to vote on voting day, or take advantage of absentee voting or early voting. We will be providing opportunities for this here at St. Vincent’s main facilities at Riverside and Southside.

By Brian DiBias,
PT Outpatient Rehabilitative Services

Did you know outpatient rehabilitative services at St. Vincent’s Healthcare are a TIER 1 PROVIDER for all of its services—physical, occupational and speech therapies at both the Riverside and Southside locations? It’s quite possible that you did not. While we are blessed to provide services to many of you who have been referred to us, we wanted everyone to know they can come to us for any rehabilitation needs at a substantial cost savings compared to Tier 2 or Tier 3 providers. We will soon be listed on the SmartHealth website.

We take appointments by physician referral only. Your physician can simply fax your prescription to (904) 308-4095 (Riverside) or (904) 296-4088 (Southside) or you can personally call or bring in your prescription to our Riverside office on the third floor of the main hospital, off the C elevators in the main lobby or the Southside Office in Roger Main, Suite 115. You can also call our front office at (904) 308-7741 (Riverside) or (904) 296-3711 (Southside). In addition to our formal therapy services, we also offer a wellness program at a cost of $25 per month to those who graduate from formal therapy. Visit www.jaxhealth.com and click on rehab services under the “services” section to learn more information. We look forward to serving you and helping with your rehabilitative needs.

**REMINDER: PLEASE KEEP POLITICS OUT OF THE WORKPLACE**

As the Presidential election season heats up, St. Vincent’s HealthCare wants to remind associates not to engage in political activity at work, including the posting of any campaign materials or literature for any partisan elections. The election is attracting a lot of public interest and people are passionate on different sides. While it may be difficult to avoid political conversations, our tax-exempt status can be put in jeopardy if we do not keep partisan political materials and peer pressure supporting a particular candidate out of the workplace. Furthermore, some associates may view heated discussions as “hostile,” and as an employer it is our responsibility to protect them from such concerns in the work environment. We are not asking associates to refrain from participating in the political process. Out of respect to all associates, political activity should be reserved for after work hours. We do encourage all of our associates to register to vote, and to take time to vote on voting day, or take advantage of absentee voting or early voting. We will be providing opportunities for this here at St. Vincent’s main facilities at Riverside and Southside.
Guy’s Night Out: Preseason Prostate Awareness

Down, Set, Hike! As football season kicked off, St. Vincent’s HealthCare hosted a Guy’s Night Out at Whisky River on August 23. The event offered men a chance to watch a preseason Jaguars game, play football trivia and learn about prostate cancer. Attendees were divided into teams of six to compete in football trivia, hosted by Channel 4 Anchor and Reporter Tarik Minor. Minor shared personal stories about his father and father-in-law who both had prostate cancer and each caught it early. Physicians were on hand to serve as coaches to the teams and assist with the tough prostate questions thrown into the trivia mix. After trivia, participants had the opportunity to mingle with the physicians and staff and ask any questions related to prostate cancer. St. Vincent’s HealthCare encourages all men to talk to their doctors about screening tests available for prostate cancer.

Save The Date
St. Vincent’s Christmas Tree Lighting Ceremony

December 4th, 6:00 p.m.
St. Vincent’s Southside

December 6th, 6:00 p.m.
St. Vincent’s Riverside

New Sleep Disorders Center Support Group

By Debra Catolico RRT, RPSGT, RST

St. Vincent’s Medical Center Southside is offering a free health awareness group for anyone in the community affected by sleep apnea. That includes friends and family members of patients.

A.W.A.K.E. (Alert, Well, And Keeping Energetic) will provide support through education and group discussion. The first program at St. Vincent’s Southside will be held on Oct. 18 from 6 p.m. – 8 p.m. in the hospital’s auditorium.

Each quarterly A.W.A.K.E. meeting is free and will have a guest speaker. Vendors and experts will be on hand to answer your questions and provide resources. Refreshments will also be served.

If you are interested in attending the October meeting RSVP to Debra via email at debra.repasky@jaxhealth.com or call her at (904) 296-4294.

St. Vincent’s Medical Center Southside is offering a free health awareness group for anyone in the community affected by sleep apnea. That includes friends and family members of patients.

A.W.A.K.E. (Alert, Well, And Keeping Energetic) will provide support through education and group discussion. The first program at St. Vincent’s Southside will be held on Oct. 18 from 6 p.m. – 8 p.m. in the hospital’s auditorium.

Each quarterly A.W.A.K.E. meeting is free and will have a guest speaker. Vendors and experts will be on hand to answer your questions and provide resources. Refreshments will also be served.

If you are interested in attending the October meeting RSVP to Debra via email at debra.repasky@jaxhealth.com or call her at (904) 296-4294.

Down, Set, Hike! As football season kicked off, St. Vincent’s HealthCare hosted a Guy’s Night Out at Whisky River on August 23. The event offered men a chance to watch a preseason Jaguars game, play football trivia and learn about prostate cancer. Attendees were divided into teams of six to compete in football trivia, hosted by Channel 4 Anchor and Reporter Tarik Minor. Minor shared personal stories about his father and father-in-law who both had prostate cancer and each caught it early. Physicians were on hand to serve as coaches to the teams and assist with the tough prostate questions thrown into the trivia mix. After trivia, participants had the opportunity to mingle with the physicians and staff and ask any questions related to prostate cancer. St. Vincent’s HealthCare encourages all men to talk to their doctors about screening tests available for prostate cancer.
iPhone and iPad users can now download the St. Inspiration App. This free app provides you with inspirational messages like you see in the picture of the screen above. The messages are meant to give you a positive foundation for the challenges of everyday life. Share the messages via Facebook, Twitter, text and email with your family and friends.

To download to your iPhone and/or iPad, search the itunes app store for “St. Inspiration.”
FURNITURE
Dining room table with four chairs sofa. Less than a year old. $175 for the dining room table and $200 for the sofa OBO. If interested, call (904) 422-1568.

PETS/ACCESSORIES
Golden Retriever puppies for sale, they will be ready to go around September 15. If interested, please call (904) 415-9231. They are AKC registered with papers. Only serious inquiries please. Can send pictures upon request.

Shih Tzu puppies for sale with a clean bill of health. They are 9.5 weeks old as of 9/10/12. $200.00 each. Call Gary if interested, (904) 318-6878.

PROPERTY FOR SALE

St. Vincent’s proudly supports Memories of Love, which helps families who have a parent facing a life-threatening illness and young children (ages 16 and under). The entire immediate family is sent to Orlando for a fun-filled respite that creates joyful, lasting and loving memories. The trip includes theme park tickets, hotel accommodations, discounted meals and $200 for travel and incidentals. Approval is not based on income and the application process is easy. For more information, or to apply, call (904) 596-2789 or (800) 625-1566, or visit their website, www.memoriesoflove.org.